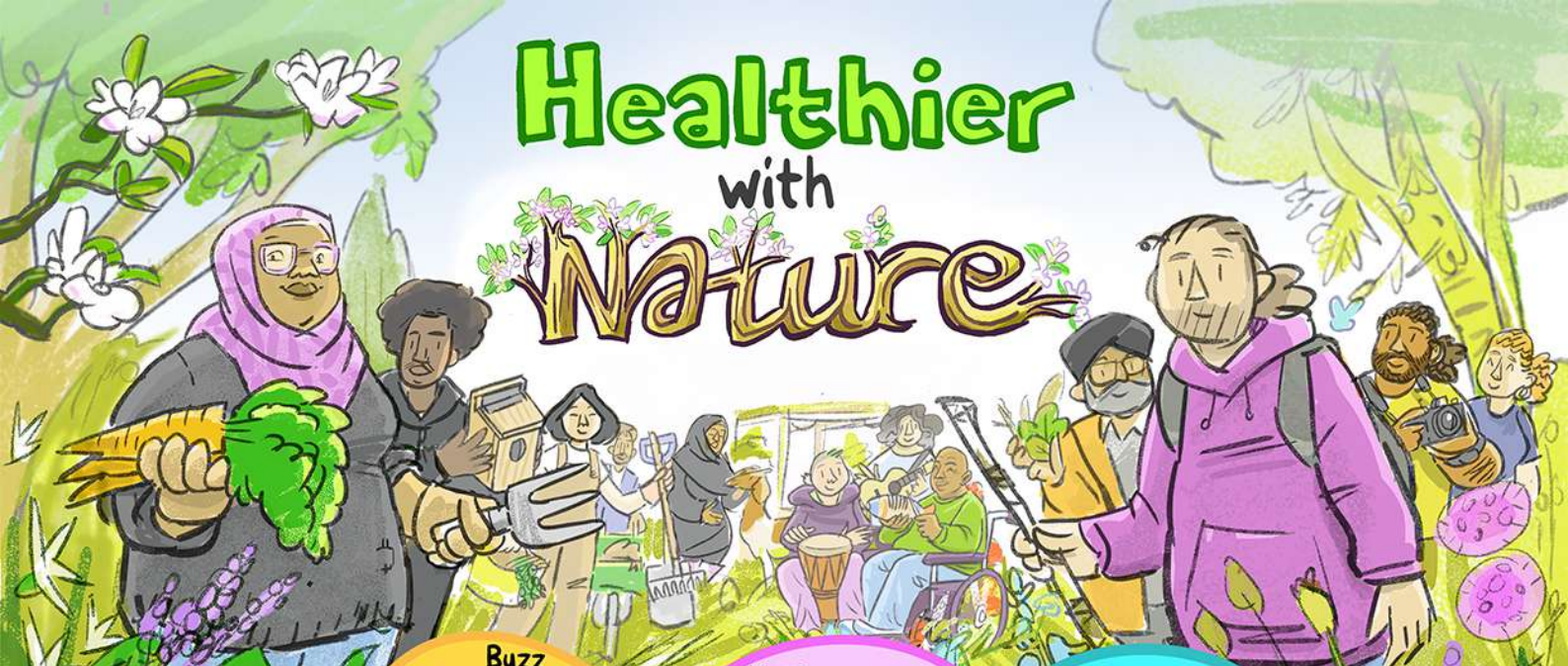


Healthier with Nature



1 Buzz Community Garden
Weds & Sat 10am-12pm

2 Wellbeing walks
First Tues of each month 10am-12pm

3 Really Wild Project
Contact for details

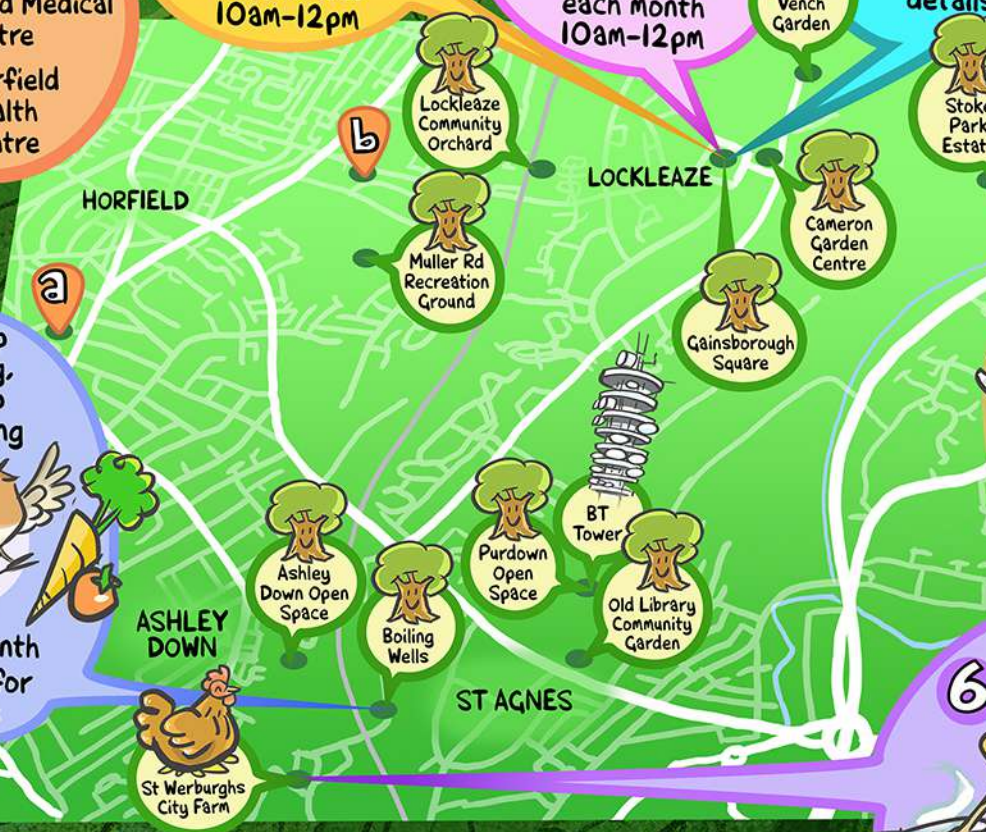
4 Active Talk
Contact for details

a Gloucester Road Medical Centre
b Horfield Health Centre

7 Keep Going, Keep Growing
Once a month Contact for details

5 Conservation Volunteering
Thursdays & first Sat of each month 10am-12.30pm

6 Adult Volunteering for Wellbeing
Mon & Weds See website



1 3 Gainsborough Square, BS7 9XA (behind Gainspace)
Contact: maria@lockleazent.co.uk
tel: 0117 914 1129, web: lockleazehub.org.uk

2 Lockleaze Neighbourhood Trust, Gainsborough Square, BS7 9FB
Contact: wellbeing@lockleazent.co.uk
tel: 0117 914 1129, web: lockleazehub.org.uk

3 Lockleaze Neighbourhood Trust, Gainsborough Square, BS7 9FB
Contact: reallywild@lockleazent.co.uk
tel: 0117 914 1129, web: lockleazehub.org.uk

4 Active Being @ Stoke Park Estate
Contact: charliehh@activebeing.co.uk
tel: 07764 744609, web: activebeing.co.uk

5 Stoke Park Community Group, Stoke Park Estate
Contact: stokeparkgroup@gmail.com
web: stoke-park.co.uk

6 St Werburghs City Farm, BS2 9YJ
Contact: volunteers@swcityfarm.co.uk
tel: 0117 942 8241, web: swcityfarm.co.uk

7 Boiling Wells, BS2 9XY
Contact: growing@changesbristol.org.uk
tel: 0117 941 1123, web: changesbristol.org.uk