



The Nature Conservancy

IMPACT REPORT

2025



The Nature Consortia

CONTENTS

Welcome

- 01. Our Founders
- 02. Organisations Journey
- 03. Our Mission

Referral Pathways

- 05. Referral Pathways
- 06. Open Minds Active C.I.C
- 07. Soul Trail Wellbeing C.I.C
- 08. ActiveBeing C.I.C

Our Year

- 09. Our Year in Highlights
- 10. Our Year in Numbers
- 11. Rosina's Journey
- 12. Naomi's Journey
- 13. Professional Feedback
- 14. Media

Looking Forward

- 15. 2026 Priorities
- 17. Thanks to our Partners & Sponsors



Our Founders

Maggy Blagrove

Charlie Hartley-Hodge

Leanne Anyinsah



We believe in a world where all people have access and connection to nature regardless of their background.



The Nature Consortia

In order to grow we have to collaborate.

As directors of organisations, each of the founders had been attending networking events in Bristol; VCSE ambassadors, GSP pilot networking events and Wesport.

It was through these events that the directors found how aligned their values were; through creating a Consortia, each organisation would strengthen. Enhancing resource, capacity and delivery.

The partnership began informally with joint offerings such as walk and swim and casual referrals.

2025 marked the first official year of The Nature Consortia, with a 2 year ICB funded contract and the appointing of a Programme Manager across all 3 organisations.



It's been amazing to watch The Nature Consortia grow; both internally and externally this past year.

Witnessing people come through and experience new activities, new people and parts of themselves has been really beautiful. Something that I needed too.

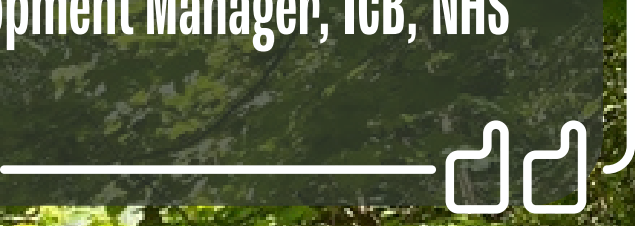
Melissa Oghre - Programme Manager





“The success of The Nature Consortia has been through their shared values and ethos, which has provided a blueprint for how other VCSE organisations may wish to form their own consortia when applying for future bids. “

Nadia Holland - ICE Development Manager, ICB, NHS



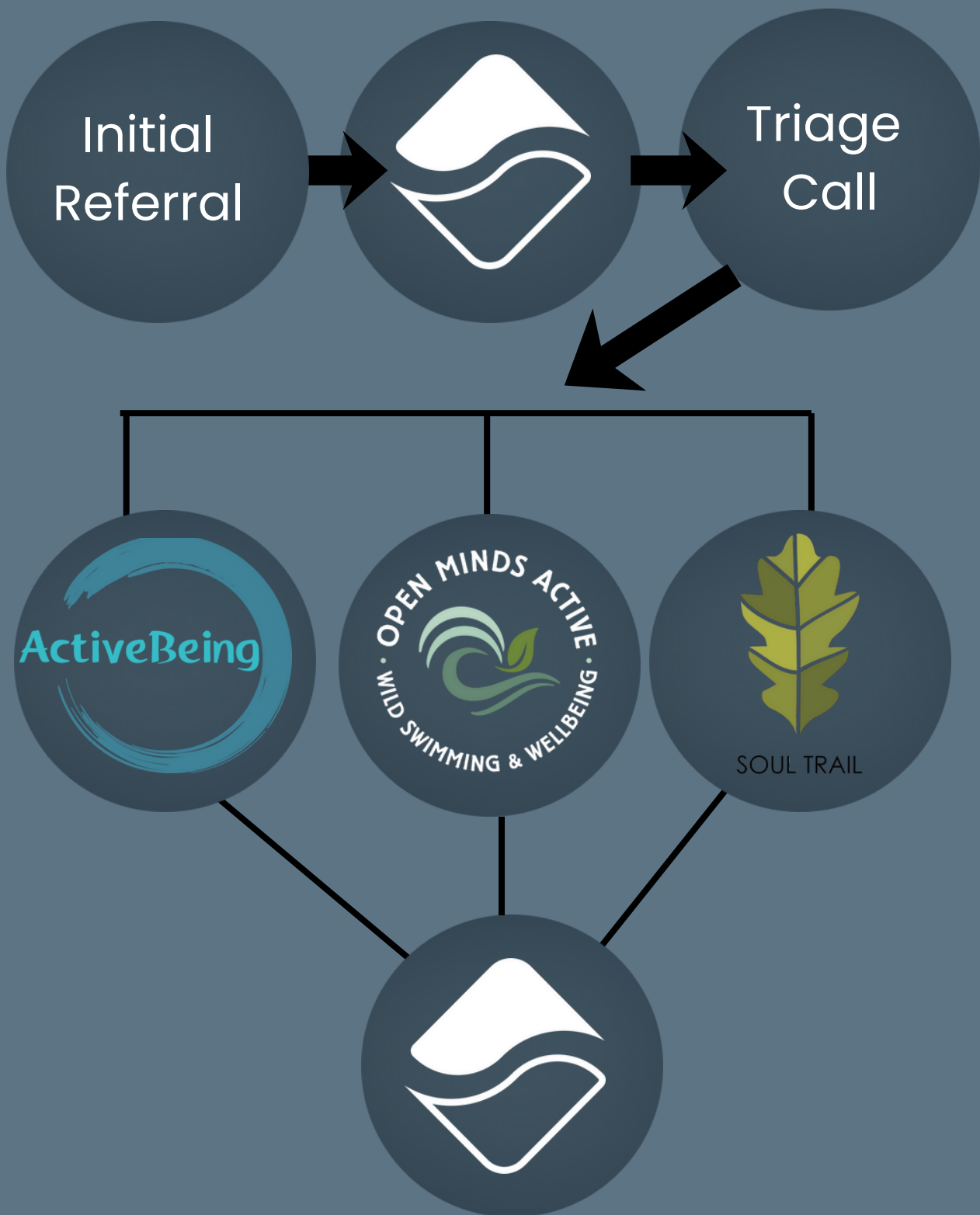


Our Mission

Our Purpose is to create a movement,
where nature based VCSE organisations can
collaborate and thrive together.

We deliver outcomes that improve wellbeing,
build cohesion and promote inclusion,
for people who experience inequality
and/or long term health conditions.

Referral Pathways





The Nature Conservancy

Meet the
Organisations



Our Mission:

To reduce health inequalities within communities by widening access to nature and blue spaces.

Programmes:

- Socially prescribed Wild Swimming for Wellbeing 6 week programme
- Learn to swim for global majority women





SOUL TRAIL



Our Mission

“Reducing inequalities and improving racial equity in nature”



Programmes:

- Sista Trails: 6 week nature connection programme
- Monthly workshops; photo trails, poetry, foraging, craft etc...
- Group Hikes

ActiveBeing

Our Mission:

“We exist to actively improve the mental health and wellbeing of women using nature, creativity and connection”

Programmes:

- ActiveTalk : 1-2-1 Walk & Talk
- ActiveExperiences: High Ropes, Sailing, Kayaking etc...
- CreativeBeing : Therapeutic Nature based arts sessions.





2025 Highlights

5

Active-
Experience



30

1-2-1 Clients



12

Group Walks



12

6-10 week
Programmes



12

Movement
Classes



We provide free
transportation for locations
further afield





2025 in Numbers

98

New
referrals

75%

Participants engaged
in more than 1
programme

48

Referrals 2+
programmes

98%
Decrease

average decrease in feelings of
anxiety reported over the year

1/3

Referrals

Coming through health providers;
NHS, Gp's or other social
prescribing source.

52%

From Global
Majority
Background

Rosina's Journey

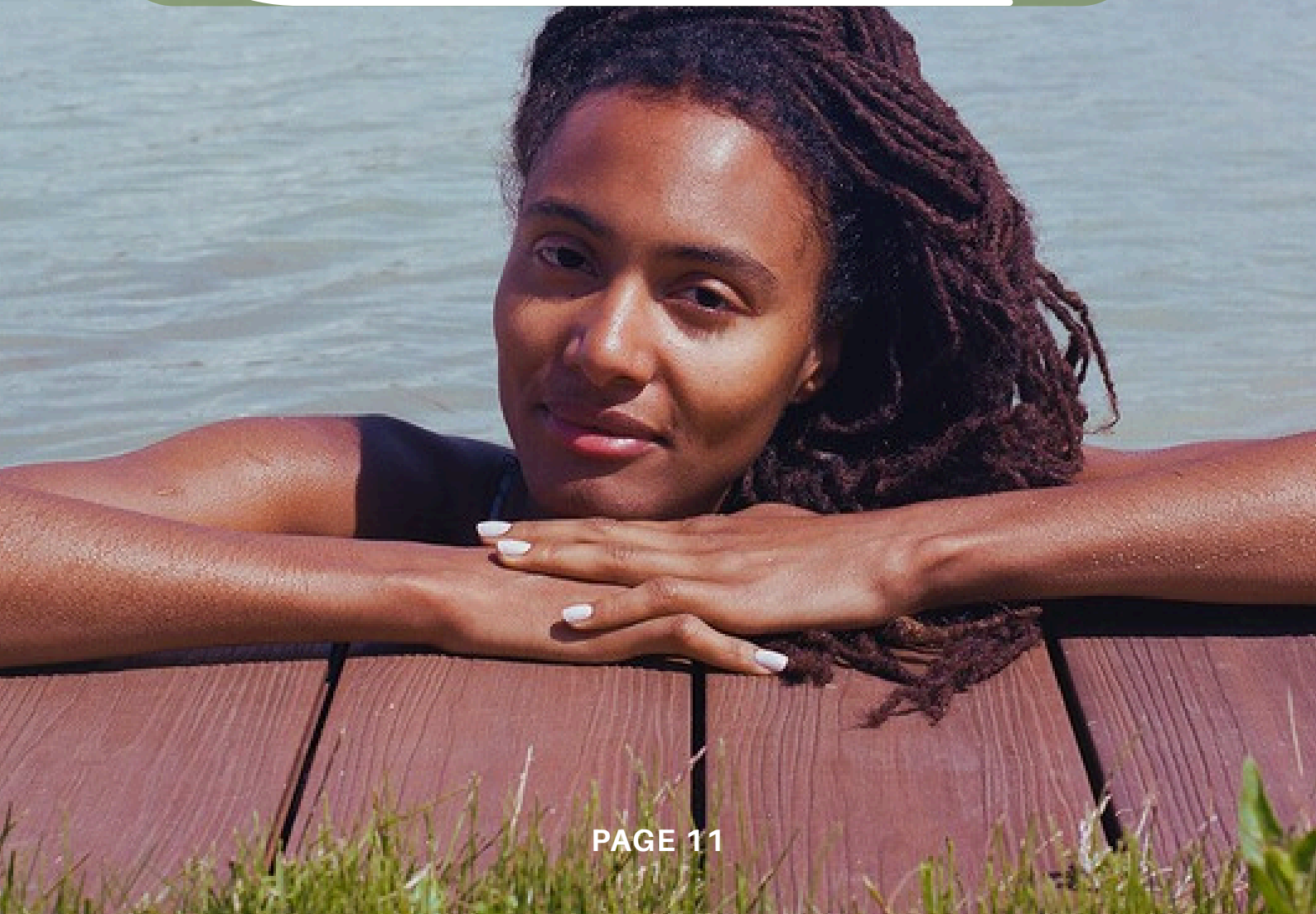
“

Being able to gently focus on physical activity with no pressure to perform has helped me reconnect with my body and spirit. The sessions gave me space to rest and to remember who I am. Moments of confidence have begun to return, alongside glimpses of motivation and purpose.

Before this, even the things I used to love had started to feel painful to engage with — but this space helped shift that”

A particularly joyful and safe aspect of this journey has been sharing it with other women. And it's been especially healing and relaxing to be in a group dominated by melanated women.

”



Naomi's Journey

“Discovering the Nature Consortia has truly changed my life.”

Finding supportive, encouraging and inclusive spaces for more than just a one-off activity has allowed me to embody practices that are good for my mental and physical health, and also foster relationships with other women that wouldn't otherwise meet in day to day life.

I have relished the opportunities to try new things and get outdoors in all weathers, which has also helped me to keep my sanity throughout a particularly turbulent time in my life - all thanks to these excellent women.

I am so grateful!”

As part of the ActiveBeing offer Naomi supported participants at High Ropes sessions. Following this she has become an ActiveBeing volunteer and attended Peer Volunteer training.

Since then Naomi has played a positive and significant role in the CreativeBeing peer facilitator pilot. Naomi is a highly valued enthusiastic member of the volunteer team and will undoubtedly grow her role within the Nature Consortia.

More Feedback

'Being a partner within the Nature Consortia has meant our participants can seamlessly pass between the 3 organisations, without having to share their story multiple times. They are supported by the NC team to try new activities across the Consortia, and in the process meet new people, make new connections and benefit from spending time in blue and green spaces.'

Liz Dunn - Open Minds Active -
Programme Manager



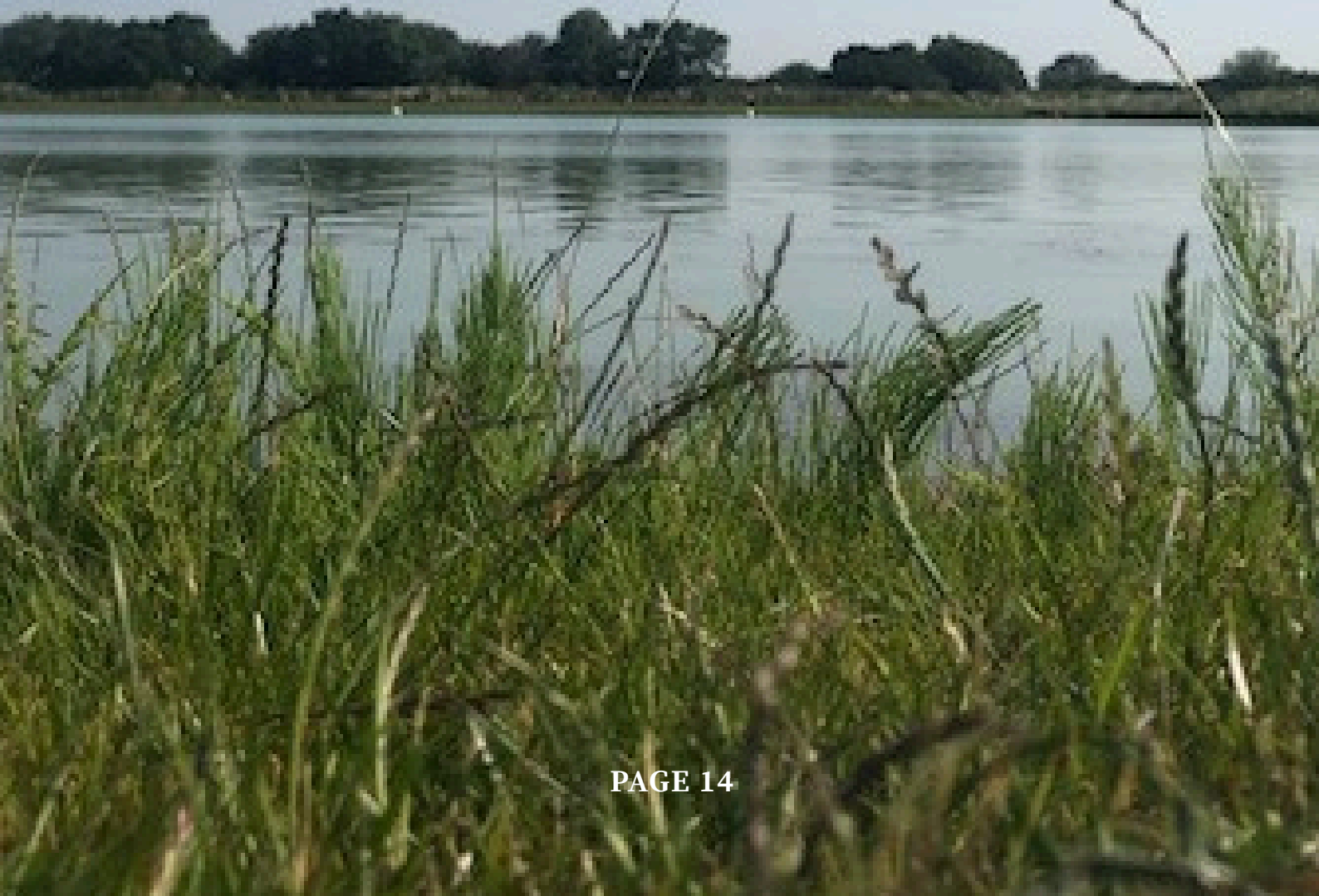
"Melissa Oghre joined East Trees for a Saturday Diabetic open day. Her presence was much appreciated by the team, patients and their families. There are significant barriers to some of our patients accessing nature and being active in nature. The opportunity to hear from the programme manager about the range of activities available and support to access them was much appreciated

Dr Rachel - GP, East Trees Pharmacy



Media

The Nature Consortia film





The Nature Consortia

Our 2026 Priorities

- To **advocate** for nature and people living in inner cities who experience inequality and poor health
- To **influence** the commissioning of NHS/public funded programming & design of commissioned services
- **Unlock resources** for nature based programming for grass roots groups
- **Amplify the voices** of excluded groups and people to influence systems
- **Develop and build on an eco-system** for end to end delivery for nature based programming
- Use impact data and best practice to **create models of working.**
- **Educate and strengthen** the workforce, volunteers and staff working in nature



The Nature Consortia

Our 2026 Priorities

Guiding Pillars

Area of Work

Delivery of Programmes

Learning & supported services

Collaborations & Partnership

Influence & Advocacy

Principles

Promote inclusion
Improve health & wellbeing
Connectedness to nature & community
Valuing and protecting the planet

Giving thanks to our partners..



....OUR FUNDERS & SUPPORTERS

